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Tips to manage your treatment experience

These steps may lower the chances of skin-related side effects such as rash or infected skin around the nail, or other side effects. Talk to your doctor about what steps are right for you.

Mild, ceramide-based moisturizer (such as La-Roche Posay Lipikar or CeraVe*)

Daily, at-home care options to discuss with your care team



Antiseptic cleanser (such as chlorhexidine 4%) Use to wash your fingernails and toenails once a day



Use on your face and body at least once a day *Talk to your doctor about what is right for you.

Limit direct exposure to sunlight Wear protective clothing and sunscreen with SPF \geq 30

More tips to help throughout treatment

- Consider bathing/showering with warm or cool water (not hot water)
- ${\ensuremath{\cdot}}$ Use mild soaps and shampoos for sensitive skin
- Use laundry detergents made for sensitive skin and without perfumes
- Wear soft, loose-fitting clothing
- Wear gloves during activities that could cause nail infection (for example, cleaning)

Other medicines



- Oral and/or topical antibiotics may be prescribed to reduce risk of skin-related side effects
- Medicine to lower your risk of blood clots will be prescribed if you are given RYBREVANT[®] in combination with LAZCLUZE[™]

Make sure to tell your doctor about any other medicines you are taking.

Consider using a pill box to help you organize your medicines.

- Eat a balanced diet
- Talk to your doctor about activities that feel right for you
- Seek out support from your family, friends, care team, and/or support groups

Once you and your doctor have decided that a RYBREVANT[®]-based treatment is right for you, sign up for:

RYBREVANT with Me

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Personalized 1-on-1 support

You have access to free, 1-on-1, dedicated support. Your Care Navigator is here to help guide you to support solutions throughout your treatment journey.

Call **833-JNJ-WME1 (833-565-9631),** Monday through Friday, 8:00 AM-8:00 PM ET. Ofrecemos asistencia en Español.

The support and resources provided by **RYBREVANT withMe** are not intended to provide medical advice, replace a treatment plan you receive from your doctor or nurse, or serve as a reason for you to start or stay on treatment.