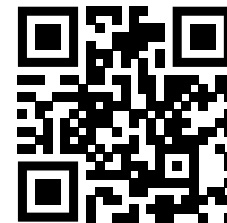


Tips to guide you through treatment

Follow these tips to help manage your treatment experience

Scan the QR code
to learn more or visit
www.RYBREVANT.com



Data rates may apply.

Take care of your skin and nails



- Use mild moisturizing cream
- Use laundry detergents made for sensitive skin and without perfumes



- Use soaks to clean, soften, and protect your nails
- Wear gloves during activities that could cause nail infection (for example, cleaning)



- Consider bathing/showering with warm or cool water (not hot water)
- Use mild soaps and shampoos for sensitive skin



- Wear soft, loose-fitting clothing



- Limit sun exposure during and for 2 months after treatment
- When in the sun, wear protective clothing
- Use sunscreen

Keep track of your medicines



Your doctor may prescribe other medicines before and during treatment.

- Use a pill box to help you organize your medicines

Support your overall well-being



- Eat a balanced diet
- Talk to your doctor about how to stay active in ways that feel right for you
- Let family, friends, or your care team know if you need support
- Think about joining a support group

Once you and your doctor have decided that a RYBREVANT[®]-based treatment is right for you, sign up for:

RYBREVANT withMe

Personalized 1-on-1 support

You have access to free, 1-on-1, dedicated support. Your Care Navigator is here to help guide you to support solutions throughout your treatment journey.

Call **833-JNJ-WME1 (833-565-9631)**, Monday through Friday, 8:00 AM–8:00 PM ET.
Ofrecemos asistencia en Español.